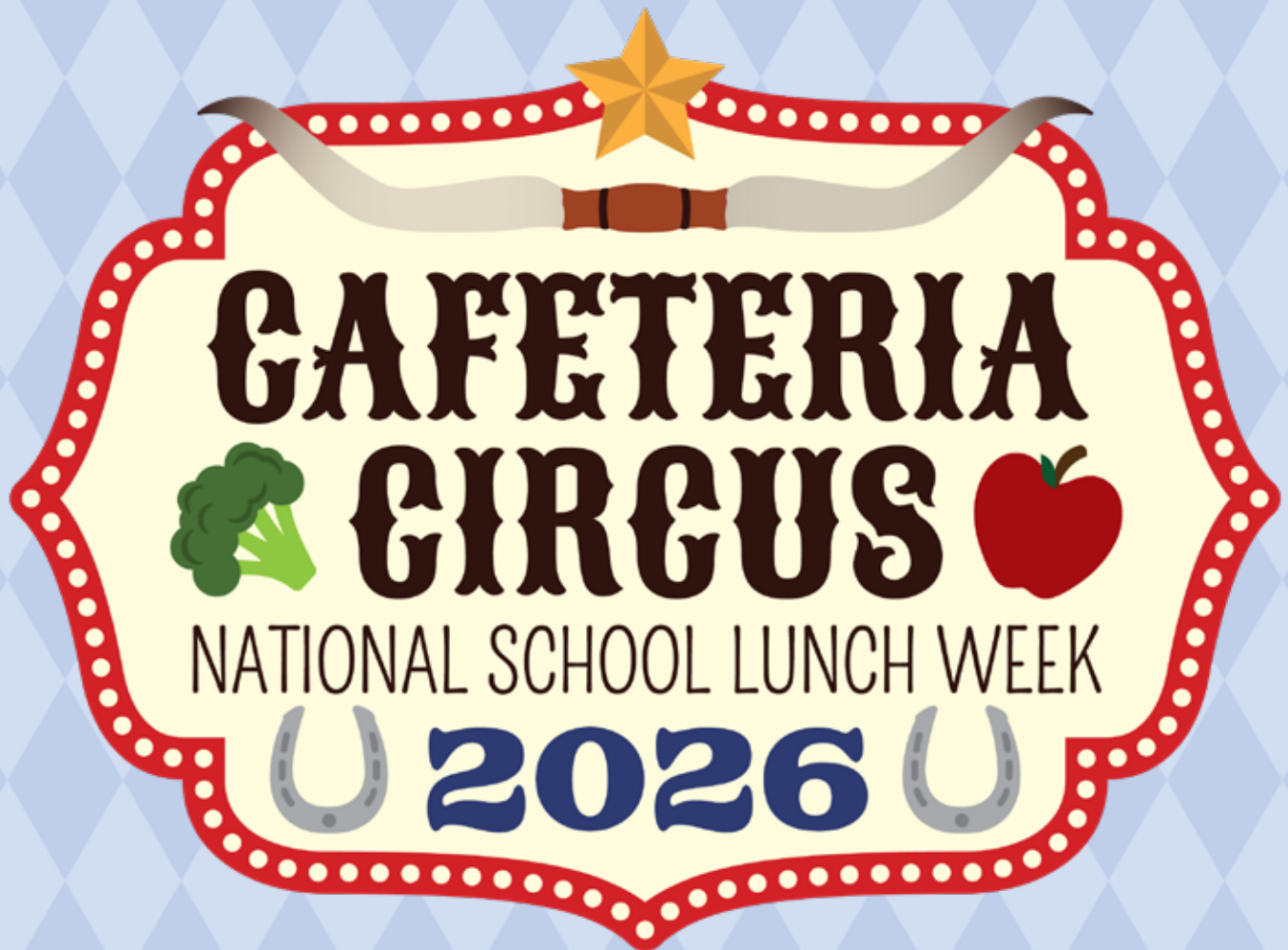


Menu Resource Guide

National School Lunch Week 2026



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Menu Planning Resource Guide

Celebrate National School Lunch Week with our 2026 “Cafeteria Circus” themed menu, where nutrition takes center stage! Try these recipes featuring Texas products from across the state and excite students with a delicious, nutritious school lunch. For more school lunch menu planning and support, check out the resources below.

Garlic Aioli Chicken Wrap

- One wrap provides 1.5 oz eq meat/meat alternate, ¼ cup dark green vegetable, 1/8 cup red/orange vegetable, and 2.5 oz eq grain.
- Step right up for a flavorful wrap filled with tender chicken, crisp vegetables and creamy garlic aioli—all rolled up and ready for the big top.

Barbacoa Beef Street Tacos with Cilantro Lime Cauliflower Rice

- 2 tacos and ¾ cup cauliflower rice provide 2 ½ oz eq meat/meat alternate, 1 ¼ oz eq grains, ¾ cup other vegetable, ⅛ cup red/orange vegetable, ⅛ cup additional vegetable.
- These street tacos bring bold barbacoa beef to center ring, paired with fresh toppings and zesty cilantro lime cauliflower rice.

Hummus Veggie Wrap

- 1 wrap provides 2.25 oz eq meat/meat alternate, 2 oz eq grain, 1/8 cup red/orange vegetable, 1/8 cup other vegetable, ¼ cups additional vegetable.
- A colorful cast of fresh vegetables and creamy hummus comes together in this satisfying, plant-forward wrap.

Chicken Drumstick

- 1 drumstick provides 1.75 oz eq meat/meat alternate.
- A classic crowd-pleaser worthy of an encore—juicy, savory chicken served in a fun, easy-to-enjoy drumstick.

Chile Lime Cantaloupe

- ½ cup provides ½ cup fruit.
- Sweet cantaloupe gets a high-flying twist with a bright splash of chile and lime for a refreshing balance of sweet, tangy and spicy.

Three Bean Salad

- ½ cup provides 1 oz eq meat/meat alternate, 1/8 cup red/orange vegetable, 1/8 cup other vegetable.
- Three beans join the act in this colorful, protein-packed salad with crisp vegetables and plenty of fresh flavor.



School Lunch Resources

Recipes

- ICN Child Nutrition Recipe Box
 - [Baked Teriyaki Chicken](#)
 - [Charcuterie Flatbread](#)
 - [Shrimp Etouffee](#)
 - [Bison and Barley Soup](#)
 - [Beef Banh Mi Wrap](#)
 - [Roasted Cherry Tomato Pasta Bake](#)
 - [Southwest Roasted Potato Wedges](#)
 - [Sweet Potato and Bean Chili](#)
- The Lunch Box
 - [Arroz con Pollo](#)
 - [Broccoli Cheddar Soup](#)
 - [Chopped Beef and Cheese Sandwich](#)
 - [Honey-Sriracha Salmon Bowl](#)
 - [Creamy Tomato Soup](#)

Materials

- USDA
 - [What You Can Do to Help Prevent Wasted Food](#)
 - [Menu Planner for School Meals](#)
 - [Crediting Tip Sheets](#)
 - [Food Buying Guide](#)
 - [Offer Versus Serve](#)
- TDA
 - [Seasonality Wheel](#)

Webinars and Reports

- USDA
 - [Meal Talk: Celebrate Lunch Trays Many Ways](#)
 - [Meal Talk: Taste-Test Events](#)
 - [Meal Talk: Reducing Sodium in School Meals](#)
- Institute of Child Nutrition
 - [Reducing Sodium with Scratch Cooking in School Meals](#)
 - [Best Practices for Sourcing Locally Grown Foods](#)
 - [Strategies for Improving Lunch Line Efficiency](#)
- FRAC
 - [Benefits of School Lunch](#)
 - [Reducing Barriers to Consuming School Meals](#)
 - [The Reach of School Breakfast and Lunch During the 2023-2024 School Year](#)

